

CURRICULUM VITAE

PERSONAL INFORMATION

Name : Ihsan Ustun
Date of Birth : 09, September, 1973
Place of birth : Tarsus, Turkey
Nationality : Turkish
Status : Married, two children

ADDRESS

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LANGUAGES SPOKEN

Turkish,
English

ACADEMIC FORMATION

2018-
Mersin Medicalpark Hospital

2016-2018
Tarsus Medicalpark Hospital

2010-2016
Mustafa Kemal University, Education and Research
Hospital, Hatay

2008-2009
Mersin State Hospital

2007
GATA Haydarpasa Training Hospital, Istanbul

2003-2006
Clinical Fellow of Endocrinology of Metabolism
Ankara Numune Training and Research Hospital

2002-2003
Internist
Ankara Numune Training and Research Hospital

1998-2002

Internal Medicine Residency

Ankara Numune Training and Research Hospital
August 2000-September 2000 Mayo Clinic
Division of Endocrinology as a Visiting Clinician

1991-1997

Doctor of Medicine (MD)

Hacettepe University
Faculty of Medicine
Ankara, TURKEY

1984-1991

Tarsus American High School

CERTIFICATE

ECFMG Step 1 October 15 ,1997
ECFMG Step 2 March 4, 1998
English Exam March 4, 1998 (valid indefinitely)
Certificate number 0-581-858-8

**CLINICAL TRIALS
(PHASE III)**

NN5401-4003, NN5401-3941, MK-0431-260, I2R-MC-BIAJ

Published Articles

1. Kahraman SS, Ozcan O, Arli C, Ustun I, Erduran R, Akoglu E, Gokce C. Calcium Homeostasis During Attack and Remission in Patients With Idiopathic Benign Paroxysmal Positional Vertigo. Otol Neurotol. 2016 Oct;37(9):1388-92. doi: 10.1097/MAO.0000000000001167. PubMed PMID: 27525708.
2. Turgut F, Sungur S, Okur R, Yaprak M, Ozsan M, Ustun I, Gokce C. Higher Serum

- Bisphenol A Levels in Diabetic Hemodialysis Patients. *Blood Purif.* 2016;42(1):77-82. doi: 10.1159/000445203. Epub 2016 May 19. PubMed PMID:27193155.
3. Oktar S, Sungur S, Okur R, Yilmaz N, **Ustun I**, Gokce C. The relationship between phthalates and obesity: serum and urinary concentrations of phthalates *Minerva Endocrinol.* 2015 May 26. [Epub ahead of print] PubMed PMID: 26006700
 4. Sungur S, Okur R, Turgut FH, **Ustun I**, Gokce C. Migrated phthalate levels into edible oils. *Food Addit Contam Part B Surveill.* 2015;8(3):190-4. doi:10.1080/19393210.2015.1041065. Epub 2015 May 26. PubMed PMID: 25896944.
 5. E.S. Erden, S. Motor, **I. Ustun**, M. Demirkose, R. Yuksel, R. Okur, S. Oktar, Y. Yakar, S. Sungur, C. Gokce. Investigation of Bisphenol A as an endocrine disruptor, total thiol, malondialdehyde, and C-reactive protein levels in chronic obstructive pulmonary disease. *European Review for Medical and Pharmacological Sciences.* 2014; 18: 3477-3483.
 6. Ozantürk A, Marshall JD, Collin GB, Düzenli S, Marshall RP, Candan S, Tos T, Esen I, Taşkesen M, Cayır A, Oztürk S, **Ustün I**, Ataman E, Karaca E, Ozdemir TR, Erol I, Eroğlu FK, Torun D, Parıltay E, Yılmaz-Güleç E, Karaca E, Atabek ME, Elçioğlu N, Satman I, Möller C, Müller J, Naggert JK, Ozgül RK. The phenotypic and molecular genetic spectrum of Alström syndrome in 44 Turkish kindreds and a literature review of Alström syndrome in Turkey. *J Hum Genet.* 2014 Oct 9. doi:10.1038/jhg.2014.85. [Epub ahead of print] PubMed PMID: 25296579.
 7. **Ustun I**, Sungur S, Okur R, Sumbul AT, Oktar S, Yilmaz N, Gokce C. Determination of Phthalates Migrating from Plastic Containers into Beverages. *Food Anal. Methods.* DOI 10.1007/s12161-014-9896-5
 8. Karakus A, Ozkan M, Karcioğlu M, Ozden R, **Ustun I**, Caliskan K, Gokce C, Sahan M. Diabetic foot due to anaphylactic shock: a case report. *Arch Trauma Res.* 2014 Jun

- 1;3(2):e17610. doi: 10.5812/atr.17610. eCollection 2014 Jun. PubMed PMID:25147776; PubMed Central PMCID: PMC4139693.
9. **Ustun I**, Seraslan G, Gokce C, Motor S, Can Y, Ugur Inan M, Yilmaz N. Investigation of vitamin D levels in patients with vitiligo vulgaris. *Acta Dermatovenerol Croat.* 2014;22(2):110-3. PubMed PMID: 25102796.
 10. Balta I, Ekiz O, Ozuguz P, **Ustun I**, Karaca S, Dogruk Kacar S, Eksioglu M. Insulin resistance in patients with post-adolescent acne. *Int J Dermatol.* 2014 Jun 25. doi: 10.1111/ijd.12426. [Epub ahead of print] PubMed PMID: 24961925.
 11. Ulutas KT, Dokuyucu R, Sefil F, Yengil E, Sumbul AT, Rizaoglu H, **Ustun I**, YulaE, Sabuncu T, Gokce C. Evaluation of mean platelet volume in patients with type 2 diabetes mellitus and blood glucose regulation: a marker for atherosclerosis? *Int J Clin Exp Med.* 2014 Apr 15;7(4):955-61. eCollection 2014. PubMed PMID: 24955167;PubMed Central PMCID: PMC4057846.
 12. Sefil F, Ulutas KT, Dokuyucu R, Sumbul AT, Yengil E, Yagiz AE, Yula E, **Ustun I**, Gokce C. Investigation of neutrophil lymphocyte ratio and blood glucose regulation in patients with type 2 diabetes mellitus. *J Int Med Res.* 2014 Apr;42(2):581-8. doi: 10.1177/0300060513516944. Epub 2014 Feb 24. PubMed PMID:24567354.
 13. Sümbül AT, Sezer A, Kavvasoğlu G, Batmacı CY, Yengil E, Yağız AE, Gültepe I, Abalı H, **Üstün I**, Gökçe C. Low serum levels of vitamin D in metastatic cancer patients: a case-control study. *Med Oncol.* 2014 Mar;31(3):861. doi: 10.1007/s12032-014-0861-3. Epub 2014 Feb 4. PubMed PMID: 24493144.
 14. Motor S, Koksaldi-Motor V, Dokuyucu R, **Ustun I**, Evirgen O, Yilmaz N, Onlen Y, Gokce C. Investigation Of Vitamin D Levels In Patients With Inactive Hepatitis B Virus Carrier. *Acta Medica Mediterranea*, 2014, 30: 793.

15. Tutanc M, Altas M, Yengil E, **Ustun I**, Dolapcioglu KS, Balci A, Sefil F, Gokce C. Pituitary apoplexy due to thyroxine therapy in a patient with congenital hypothyroidism. *Acta Med Indones*. 2013 Oct;45(4):306-11. PubMed PMID: 24448336.
16. Aydogan F, Ayhan Tuzcu E, Aydogan A, Akkucuk S, Coskun M, **Ustun I**, Gökçe C. Effect of radioactive iodine therapy on lacrimal gland functions in patients with hyperthyroidism. *Clin Nucl Med*. 2014 Apr;39(4):315-8. doi:10.1097/RLU.0000000000000308. PubMed PMID: 24300361.
17. **Ustun, I.**, İnci, M., Demirtaş, A., Şişman, Y., Gökçe, C., Ertaş, ET., “Prevalance of carotid artery calcification on panaromic radiographs in patients with renal stones,” *Turkish Journal of Medical Sciences*, (2013). DOI: 10.3906/sag-1210-14
18. Yengil E, Çevik C, Akküçük S, **Üstün İ**, Aydoğan F, Gökçe C. Sublingual ectopic thyroid gland with hypothyroidism: an unusual association. *Indian Journal of Medical Case Reports*. 2013 April-June; (2):1-3.
19. Rifaioğlu MM, Erden EŞ, Rifaioğlu EN, **Üstün İ**, Gökçe C. Adrenal mass mimicking the incidentaloma in a patient with newly diagnosed adrenal failure due to tuberculosis. *Tuberk Toraks*. 2013;61(3):265-7. PubMed PMID: 24298973.
20. Ustün N, **Ustün I**, Ozgür T, Atci N, Aydoğan F, Sümbül AT, Turhanoğlu AD. Diffuse osteosclerosis in a patient with prostate cancer. *Osteoporos Int*. 2014Mar;25(3):1181-5. doi: 10.1007/s00198-013-2545-9. Epub 2013 Oct 18. PubMed PMID: 24136106.
21. Ayhan Tuzcu E, Arica S, Ilhan N, Daglioglu M, Coskun M, Ilhan O, **Ustun I**. Mean platelet volume is influenced by many inflammatory and cardiovascular disorders and cardiovascular risk factors. *Graefes Arch Clin Exp Ophthalmol*. 2013 Dec;251(12):2845. doi: 10.1007/s00417-013-2487-0. Epub 2013 Oct 22. PubMed PMID: 24146270.
22. Tuzcu EA, Arica S, Ilhan N, Daglioglu M, Coskun M, Ilhan O, **Ustun I**. Mean platelet volume measurement protocol should be standardized for diabetic retinopathy. *Graefes Arch*

- Clin Exp Ophthalmol. 2013 Dec;251(12):2841. doi:10.1007/s00417-013-2489-y. Epub 2013 Oct 15. PubMed PMID: 24126679.
23. Ayhan Tuzcu E, Arica S, Ilhan N, Daglioglu M, Coskun M, Ilhan O, **Ustun I**. Relationship between mean platelet volume and retinopathy in patients with type 2 diabetes mellitus. Graefes Arch Clin Exp Ophthalmol. 2014 Feb;252(2):237-40. doi:10.1007/s00417-013-2444-y. Epub 2013 Aug 17. PubMed PMID: 23955724.
 24. Gökçe C, Aycan-Kaya Ö, Yula E, **Üstün I**, Yengil E, Sefil F, Rizaoglu H, Gultepe B, Bayram F. The effect of blood glucose regulation on the presence of opportunistic Demodex folliculorum mites in patients with type 2 diabetes mellitus. J Int Med Res. 2013 Oct;41(5):1752-8. doi: 10.1177/0300060513494730. Epub 2013 Aug 9. PubMed PMID: 23934047.
 25. Erden ES, Genc S, Motor S, **Ustun I**, Ulutas KT, Bilgic HK, Oktar S, Sungur S, Erem C, Gokce C. Investigation of serum bisphenol A, vitamin D, and parathyroid hormone levels in patients with obstructive sleep apnea syndrome. Endocrine. 2014 Mar;45(2):311-8. doi: 10.1007/s12020-013-0022-z. Epub 2013 Aug 1. PubMed PMID:23904340.
 26. Erden, SE., Karakus, A., **Ustun, I.**, Gokce, C., Evirgen, O., Celik, MM., Karazincir, S., Buyukkaya, E., ‘‘Does Sibutramin Increase Tendency for the Development of Pneumonia?’’ International Journal of Basic and Clinical Studies, 1, 41-49, 2013.
 27. Aydogan F, Aydogan A, Akkucuk S, **Ustun I**, Gokce C. Thyroid hemiagenesis, ectopic submandibular thyroid tissue, and apparent persistent subclinical thyrotoxicosis. Thyroid. 2013 May;23(5):633-5. doi: 10.1089/thy.2012.0079. PubMed PMID: 23157170.
 28. **Ustun, I.**, Gokce, C., Gundogan, K., Tonyukuk, GV., Kaya, A., Bayram, F., Savas, N., ‘‘Alarming high metabolic syndrome prevalence in Hatay region of Turkey,’’ Healthmed, 7, 4-11, (2013).

29. Muallaoglu S, **Ustun I**, Kaya Y, Leblebici I. Lung tuberculosis causing false positivity on positron emission tomography. J BUON. 2013 Jul-Sep;18(3):800. PubMed PMID: 24065504.
30. Ozgur T, Gokce H, **Ustun I**, Yaldiz M, Akin MM, Gokce C. A case of asymptomatic riedel thyroiditis with follicular adenoma in a patient with a multinodular goiter: an unusual association. Eur Thyroid J. 2012 Oct;1(3):204-7. doi: 10.1159/000342628. Epub 2012 Sep 22. PubMed PMID: 24783021; PubMed Central PMCID: PMC3821478.
31. **Ustun I**, Rifaioğlu EN, Sen BB, Inam MU, Gokce C. Gynecomastia: a rare complication of isotretinoin? Cutan Ocul Toxicol. 2013 Mar;32(1):93-4. doi: 10.3109/15569527.2012.705406. Epub 2012 Jul 20. PubMed PMID: 22813063.
32. **Ustun I**, Davarcı M, Demirbaş O, Ustun N, Gokce C. Recurrent hyponatremia due to tolterodine. Can Urol Assoc J. 2012 Jun;6(3):E129-30. doi: 10.5489/cuaj.11071. PubMed PMID: 22709885; PubMed Central PMCID: PMC3377740.
33. Aydın, Y., Berker, D., **Üstün, I.**, Gül, K., Erden, G., Kutlucan, A., Yılmaz, LA., Güler, S., ‘‘Evaluation of carotid intima media thickness in impaired fasting glucose and impaired glucose tolerance,’’ Minerva Endocrinol, 36, 171-179, (2011).
34. Gül K, **Üstün I**, Aydın Y, Berker D, Erol K, Unal M, Barazi AO, Delibaşı T, Güler S. Carotid intima-media thickness and its relations with the complications in patients with type 1 diabetes mellitus. Anadolu Kardiyol Derg. 2010 Feb;10(1):52-8. PubMed PMID: 20150006.
35. Aydın, Y., **Üstün, İ.**, Önder, E., Güngör, A., ‘‘Severe Generalized Morphea: A Devastating Eventuality in The Elderly’’, Turkish Journal of Geriatrics, 13, 47-50, (2010).
36. **Ustun, I.**, Aydın, Y., Ardiç, AA., Berker, D., Ozuguz, U., Yılmaz, M., Erden, G., Ünlü, E., ‘‘Evaluation of atherosclerotic risk factors and carotid intima media

- thickness in healthy offspring of type 2 diabetic patients,’’ *Acta Endocrinologica(Buc)*, 6, 211-227, (2010).
37. Gul K, Celebi AS, Kacmaz F, Ozcan OC, **Ustun I**, Berker D, Aydin Y, Delibasi T, Guler S, Barazi AO. Tissue Doppler imaging must be performed to detect early left ventricular dysfunction in patients with type 1 diabetes mellitus. *Eur J Echocardiogr*. 2009 Oct;10(7):841-6. doi: 10.1093/ejehocard/jep086. Epub 2009 Jun 18. PubMed PMID: 19541667.
 38. Gul, K., **I. Ustun**, Y. Aydin, D. Berker, H. Erol, M. Unal, A. Barazi, T. Delibasi and S. Guler. "Autoimmune thyroid disease in patients with anti-GAD positive type 1 diabetes mellitus", *Central European Journal of Medicine*, 4, 415-422, (2009).
 39. Aydin, Y, Yilmaz M, Berker D, **Üstün İ**, Delibaşı T, Güler S, ‘‘A patient with Addison’s disease whose sixth pregnancy resulted in a healthy baby’’, *Turk J Med Sci*, 39, 499-500, (2009).
 40. Aydın, Y., Caner, S., Berker, D., **Ustun, I.**, Yılmaz, B., Delibasi, T., Unlu, E., Guler, S., ‘‘Case of Agranulocytosis and Perianal Abscess Developed due to Propylthiouracil and Resistant to G-CSF Treatment,’’ *The Endocrinologist*, 19, 12-13, (2009).
 41. Karadurmuş N, Ertuğrul I, Sönmez A, **Ustün I**, Inal S, Ozakyol A. An atypical initial presentation of Crohn's disease. *Turk J Gastroenterol*. 2008Dec;19(4):292-3. PubMed PMID: 19119493.
 42. Berker D, Aydin Y, Arduç A, **Ustün I**, Ergün B, Guler S. Severe hyponatremia due to rosiglitazone use in an elderly woman with diabetes mellitus: a rare cause of syndrome of inappropriate antidiuretic hormone secretion. *Endocr Pract*. 2008 Nov;14(8):1017-9. PubMed PMID: 19095602.

43. Duran C, Yonem A, **Ustun I**, Ozcan O, Ipcioglu OM, Basekim CC. Plasma ghrelin levels in males with idiopathic hypogonadotropic hypogonadism. *Endocrine*. 2008 Aug-Dec;34(1-3):81-6. doi: 10.1007/s12020-008-9102-x. Epub 2008 Oct 23. PubMedPMID: 18946744.
44. Unlü C, **Ustün I**, Akay F, Doğan U. A rare cause of dilated cardiomyopathy; Alström syndrome. *Anadolu Kardiyol Derg*. 2008 Aug;8(4):316-7. PubMed PMID:18676317.
45. Berker D, Aydın Y, **Ustun I**, Gul K, Tutuncu Y, Işık S, Delibasi T, Guler S. The value of fine-needle aspiration biopsy in subcentimeter thyroid nodules. *Thyroid*. 2008 Jun;18(6):603-8. doi: 10.1089/thy.2007.0313. PubMed PMID: 18578608.
46. Aydın Y, Berker D, **Ustün I**, Balcik O, Balli DN, Delibasi T, Peksoy I, Guler S. A very rare cause of aplastic anemia: Graves disease. *South Med J*. 2008 Jun;101(6):666-7. doi: 10.1097/SMJ.0b013e318172fcb8. PubMed PMID: 18528229.
47. Koşan B, Yüksel O, **Ustün I**, Köklü S, Topal F, Yılmaz M, Ergül B, Karaahmetoğlu S, Eskioğlu E, Altıparmak E. Role of endogenous cortisol on *Helicobacter pylori* colonization. *Clin Biochem*. 2008 Jul;41(10-11):917-9. doi: 10.1016/j.clinbiochem.2008.03.004. Epub 2008 Mar 19. PubMed PMID: 18381206.
48. Aydın Y, Berker D, Direktör N, **Ustün I**, Tütüncü YA, Işık S, Delibaşı T, Guler S. Is insulin lispro safe in pregnant women: Does it cause any adverse outcomes on infants or mothers? *Diabetes Res Clin Pract*. 2008 Jun;80(3):444-8. doi:10.1016/j.diabres.2008.02.004. Epub 2008 Mar 21. PubMed PMID: 18359121.
49. Aydın Y, Ozçakar L, **Ustün I**, Aydın LY. A salient rectus abdominis hematoma due to enoxaparin. *Anadolu Kardiyol Derg*. 2007 Mar;7(1):92. PubMed PMID:17347089.
50. **Ustun I**, Ergul G, Besim H, Aydın Y, Berker D Erol K, Gul K, Unal M, Delibasi T, Kormaz A, Guler S. A Rare Cause of Hyperinsulinemic Hypoglycemia "Nesidiodyplasia" in an Adult Patient. *Endocrinologist*. 17(2):92-94, March/April 2007

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52. Demirci, H., Aydın, Y., Özçakar, L., **Ustun, I.**,” A Confounding Suicidal Attempt With Organophosphate Injections”, The Internet Journal of Forensic Science. (2007).
53. Delibasi T, **Ustun I**, Aydın Y, Berker D, Erol HK, Gul K, Unal M, Guler S. Early severe pre-eclamptic findings in a patient with Cushing's syndrome. Gynecol Endocrinol. 2006 Dec;22(12):710-2. PubMed PMID: 17162715.
54. **Ustün I**, Ozçakar L, Ustün N, Delibaşı T. Falls and myocardial infarction in diabetic elderly. Anadolu Kardiyol Derg. 2006 Dec;6(4):394. PubMed PMID:17162298.
55. Aydın Y, Ozcakar L, Altundag K, **Ustun I**. Pericardial tamponade in a patient with thalassemia major due to hypothyroidism. Acta Haematol. 2006;116(2):141-2. PubMed PMID: 16914911.
56. **Ustun I**, Ozcakar L, Arda N, Duranay M, Bayrak E, Duman K, Atabay M, Cakal BE, Altundag K, Guler S. Brucella glomerulonephritis: case report and review of the literature. South Med J. 2005 Dec;98(12):1216-7. Review. PubMed PMID: 16440924.
57. Ozcan F, **Ustun I**, Berker D, Aydın Y, Delibasi T, Guler S. Inverted T waves in patient with Addisonian crisis. J Natl Med Assoc. 2005 Nov;97(11):1539-40. PubMed PMID: 16334501; PubMed Central PMCID: PMC2594907.
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59. Tekin O, Cukur S, Uraldi C, Işık B, Ozkara A, Kurtaran H, Catal F, **Ustün I**. Relationship between retinopathy and cognitive impairment among hypertensive subjects. A case-control

- study in the ankara-pursaklar region. *Eur Neurol.* 2004;52(3):156-61. Epub 2004 Nov 2. PubMed PMID: 15528916.
60. Ardic F, Ustun N, Kahraman Y, **Ustun I**, Aydın M, Yorgancioglu ZR. A rare severe and untreatable complication of ankylosing Spondylitis: Renal Amyloidosis. *Rheum Med Rehab.* 2004 March ;15(1) :45-49.
61. **Ustun I**, Delibasi T, Akturk M, Karaahmetoglu S, Aksoy F. A case with Juvenile Paget's Disease. *Physical Medicine.* 2002 Sept. 5(3): 165-168.
62. Ustundag, Y., Boyacı, S., **Ustun, I.**, Ak, F., Koseoglu, T., Eskioglu, E., 'Cerebral magnetic resonance imaging findings in stable cirrhotic patients without clinical encephalopathy ', Turkish Journal of Gastroenterology, 12, 96-203, (2001).