

Assoc. Dr. Ümit Dincer

Physical Medicine and Rehabilitation / Algology
Medical Park Hospital Bahçelievler



Medical Field of Interest and Activities

Bel-neck and joint pain
Neurological rehabilitation (brain and spinal cord paralysis)
Pediatric rehabilitation (cerebral palsy, myelomeningocele, Brachial Plexus Palsy)
Interventional Algology (spinal injections: transforaminal injections, caudal block, facet injections)

Work Experience and Education

GATA Haydarpaşa Training and Research Hospital (2004-2014)
Gumussuyu Military Hospital (2000-2004)
GATA Military Medical Faculty FT ADR (1997-2000)

Memberships

Turkey Association of Physical Medicine and Rehabilitation
Pain Association of Turkey
TFT Association of Pediatric Rehabilitation Working Group

Researches and Publications

22-year-old man with severe osteoporosis due to prolactinoma. 2013
The effect of dry needling in the treatment of myofascial pain syndrome: a randomized double-blinded placebo-controlled trial. 2013
Cone-shaped epiphysis. 2014
Chronic low back pain caused by osteopetrosis type. 2013
Jumping combined exercise programs reduce fall risk and improve balance and life quality of elderly people who live in a long-term care facility. 2010
Turkish Adaptation of Motor Activity Log-28. 2010
The effect of marital status on health quality and fall risk of elderly people. 2010
Work disability in ankylosing spondylitis: differences among working and work-disabled patients. 2009
The effectiveness of conservative treatments of carpal tunnel syndrome: splinting, ultrasound, and low-level laser therapies. 2009
Complex regional pain syndrome: Epidemiologic features, treatment approaches, workday loss and return to work/disability ratios. 2009
The significance of coeliac disease antibodies in patients with ankylosing spondylitis: a case-controlled study. 2009
An underreported complication of ankylosing spondylitis: scoliosis. 2009
An unusual case of osteoid osteoma misdiagnosed as inflammatory joint disease and complex regional pain syndrome. 2009
Neurological symptoms after a provocative dive: Spinal DCS or anterior spinal artery syndrome? 2009

Thoracic outlet syndrome in a patient with Poland syndrome. 2009

Static and dynamic sonography: a salutary adjunct to electroneuromyography for cubital tunnel syndrome. 2009

Assessment of pulmonary changes in patients with ankylosing spondylitis with high resolution computed tomography. 2008

Diagnosis delay in patients with ankylosing spondylitis: possible reasons and proposals for new diagnostic criteria. 2008

Triggering role of trauma on initiation of SAPHO syndrome. 2008

Can isotretinoin induce sacroiliitis. 2008

Assessment of sexual dysfunction in male patients with Ankylosing Spondylitis. 2007

Sexual problems in male ankylosing spondylitis patients: relationship with functionality, disease activity, quality of life, and emotional status. 2007

The pulmonary involvement in rheumatic diseases: pulmonary effects of ankylosing spondylitis and its impact on functionality and quality of life. 2007

Caudal epidural injection versus non-steroidal anti-inflammatory drugs in the treatment of low back pain accompanied with radicular pain. 2007

Reflex sympathetic dystrophy: a retrospective epidemiological study of 168 patients. 2007

Serum mannose-binding lectin (MBL) levels are decreased in gout patients. APLAR Journal of Rheumatology. 2007

A novel treatment modality for myofascial pain syndrome: hyperbaric oxygen therapy. 2009

Comparison of effects of combined physical therapy program and exercise on corrupted balance functions in patient with knee bilateral osteoarthritis. 2008

The ankle-foot orthosis improves balance and reduces fall risk of chronic spastic hemiparetic patients.

Femoral nerve entrapment after high energy knee trauma. 2012
reality?

Falls in Chronic Post-Stroke Patients and Predictive Value of Functional Tests. 2010

Effectiveness of low level laser therapy in the treatment of myofascial pain syndrome. 2004

A SAPHO syndrome with palmoplantar pustulosis. 2005

The effectiveness of Botulinum toxin type-A and prilocain injections in myofascial pain syndrome. 2010