



PHYSICAL THERAPY AND REHABILITATION MEDICAL CENTER

FIZYOMER
Terapia

The Therapy Center in Turkey

www.fizyomer.com.tr

444 6 904

FIZYOMER Terapia

In 2000, Turkey's first private Specialist in Physical Therapy and Rehabilitation Medical Center is established by Dr. Turkan Tunerir which offers high quality health services to the people under brand of Fizyomer Physical Therapy and Rehabilitation Center for 15 years in Eskisehir.

With experienced specialist physicians, physiotherapists, nurses and Fizyomer team we work to accomplish our mission to improve the life quality of our patients.

In our new facility built upon our extensive 15 years of experience, covers 5000 m2 enclosed area that contains extensive physical therapy and rehabilitation rooms, therapy pool and modern medical units serves in Eskişehir as the Turkey's largest with the Fizyomer Terapia concept.



FIZYOMER
Terapia



TURKAN TUNERIR M.D.

In 1985, he graduated as a Doctor of Medicine and received the title of Physical Medicine and Rehabilitation Specialist from the Medical Faculty of Uludag, Anadolu University. Tunerir served as Physiotherapist In Eskisehir State Hospital for 12 years. In 2000, he founded the Private Fizyomer Physical Therapy and Rehabilitation Center which was the first in the country. Tunerir has participated in numerous domestic and foreign conferences and studies at the same institution for 15 years. With modern treatment practices at Fizyomer Specialist Centre, Tunerir has contributed to the health of the people. In 2015, under the brand of The Fizyomer Terapia, Tunerir has launched the the largest private physical therapy and rehabilitation center with 5000 m2 covered area in the Eskisehir, Turkey.



In order to enhance life quality of individuals and for a healthy community, we are at your service with our new vision and modern medicine technology at Fizyomer Terapia along with our experienced expert staff.

OUR SERVICES

- Physical Therapy and Rehabilitation
- Rheumatic Diseases Rehabilitation
- Pediatric Rehabilitation (Cerebral Palsy ect.)
- Neurological Rehabilitation (Hemiplegia, Paraplegia ect.)
- Orthopedic Rehabilitation
- Rehabilitation of Hand
- Lymphedema Rehabilitation
- Sports Rehabilitation
- Rehabilitation in the Therapy Pool
- Hydrotherapy
- Healthy Weight Loss and Obesity Rehabilitation
- Therapeutic Massage
- Manual Therapy
- Dry Needling
- Osteoporosis (Bone Resorption and Treatment)
- Space Therapy
- Robotic Antalgic – Trak
- Acupuncture
- Sensory Activating Solution for the Neuraplastysity and Robotic Rehabilitation.
- PRP (Platelet Rich Plazma)



OUTPATIENT AND DIAGNOSTIC UNIT

- Physical Therapy and Rehabilitation
- Internal Medicine
- Orthopedics
- Nutrition and Dietetics
- Sports Medicine Center
- Bone Density Measurement
- Body Analysis
- Radiology
- Ultrasonography – Doppler
- EMG
- Check-Up
- Biochemical Tests
- Magnetic Resonance (MR)



INNOVATIVE TREATMENT SERVICES

- Robotic Antalgic Trak
- Sensory Activating Solution for the Neuraplastysity and Robotic Rehabilitation.
- Virtual Balance Rehabilitation
- Walking - Balancing Robotic Rehabilitation
- Lymphedema Rehabilitation
- Space Therapy
- Dry Needling
- Magneto Therapy
- PRP (Platelet Rich Plazma)
- Occupational Therapy
- Speech Therapy
- Magnetic Chair for Urinary Incontinence





HYDROTHERAPY

Hydrotherapy (pool treatment) is a method used in treatment of diseases and functional loss benefiting from physical properties of water. With the help of water buoyancy, it decreases the body's weight he or she is carrying and makes it possible for a person to move who normally can't or for those where there is too much pain to move. Depending on the patient's condition and disease, it may be administered together with physiotherapy or instead of physiotherapy. Particularly after trauma or surgery, it is performed when it is inconvenient to load overlays but increasing the range of motion and muscle strength is required. Specialist physiotherapist and / or hydrotherapist, accompanied by our treatment programs are implemented.

The Benefits of Hydrotherapy;

- Reduces the pain and sensitivity
- Increases range of motion
- Relaxes the muscles
- Improves the respiratory muscles
- Increases muscle strength and endurance by using the resistance feature of water
- Increases the patient's self-confidence and motivation by enabling capabilities, implausible out of water
- Makes fun out of exercises that may be painful and overwhelming out of water especially for kids.



HYDROTHERAPY FOR MAIN DISEASES:

Cerebral Palsy, Multiple Sclerosis (MS), Muscular Dystrophy, Guillain Barre Syndrome, Musculoskeletal Injuries due to Neurological Disease movement restrictions, Joint Injuries, Post-Fracture and Surgical Procedures, Fibromyalgia, Rheumatoid Illnesses, Sports Injuries, Soft Tissue Injuries, Obesity Osteoarthritis (Arthritis), Balance Problems, Polio.



HYDROTHERAPY



Treatment of various neurological disorders such as spinal cord injury, trauma, circulatory disorders, Parkinson's disease; neurological motor exercises to develop the ability of patients, hydrotherapy and pool therapy, hand rehabilitation to develop hand skills, using functional rehabilitation methods for daily living activities is performed by specialist physiotherapist in collaboration with experienced physicians in our center.



NEUROLOGICAL REHABILITATION



Pediatric rehabilitation (rehabilitation of children) aims to minimize environmental constraints of children with physiological and anatomical disabilities. Physical therapy and rehabilitation has an importance on how to help them get their functional and psychological independence. Our treatments - involving exercises, device therapy, home treatment program and the family training - is aimed to improve the life quality of children and family.



PEDIATRIC REHABILITATION



ORTHOPEDIC REHABILITATION

Orthopedic rehabilitation covers the treatment of meniscus tears, muscle and tendon force, sprains, contusions, shoulder injuries, knee and hip replacement surgery, joint replacement and reconstructive surgery, fracture rehabilitation, and movement restrictions after joint surgeries.





The background of the image is a close-up, slightly blurred view of blue water with gentle ripples. The light reflects off the surface, creating a pattern of darker and lighter blue tones. The overall mood is calm and serene.

Valuing your health is
to give value to life...



Heart disease resulting in heart failure develops , due to a heart attack stents placed or heart surgery was a person 's physical, psychological and optimize state social functions, to reduce the risk factors are the rehabilitation done to reduce death rates to be caused by heart disease.



CARDIAC REHABILITATION

ROBOTIC ATT

**Back and neck
hernia without
surgery is possible
by Robotic
Antalgic-Trak.**



Robotics Antalgic Trak device , FDA-approved , high-tech is the most advanced robotic spinal decompression device. Today is among the innovative and non-invasive treatments.



ROBOTIC ANTALGIC TRAK

NUTRITION AND DIET CENTER

THE GOAL IS TO ACHIEVE THE IDEAL SIZE

SPECIAL WEIGHT LOSS PROGRAM - SPECIAL WEIGHT GAIN PROGRAM - NUTRITION PROGRAM DIABETES - NUTRITION PROGRAMS IN CARDIOVASCULAR DISEASES - DIET IN RENAL DISEASE - NUTRITION PROGRAM IN THE DIGESTIVE SYSTEM DISEASES - WOMENS NUTRITION - NUTRITION IN PREGNANCY AND BREASTFEEDING - BODY FAT CRUSHING AND REGIONAL WEAKENING - SPORTS NUTRITION PROGRAM



Life is beautiful at any age...





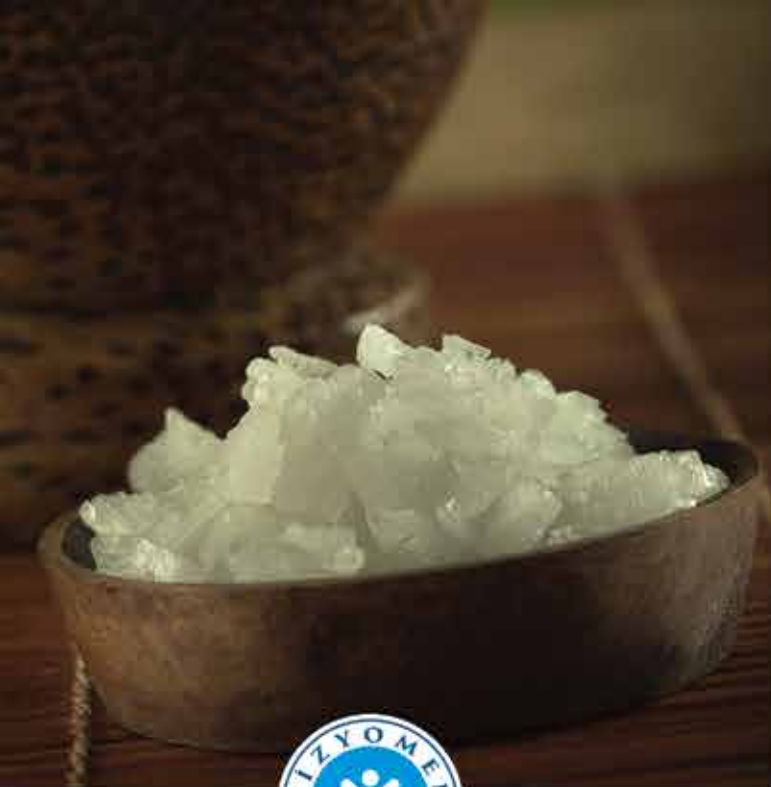
GERIATRIC REHABILITATION

SPORTS HEALTH CENTER

TARGET IS FAST RETURN TO THE FIELD

Sports conditioning and nutrition experts and dietitians accompanied by education services as well as check-up as soon as rehabilitation programs for the elimination of the inconvenience that occurs after sports injuries and disability are implemented.







The Therapy Center in Turkey



Turkey



Life again...



Improves Your Quality of Life