

FIZYOMER PHYSIOTHERAPY & REHABILITATION DAY HOSPITAL

POLYCLINICS

Physical Therapy and Rehabilitation

- ✚ SPINE DISEASES
Waist and neck, joint and muscle pain associated with pain, Herniated Disc, Neck hernia, Scoliosis, Back depending on posture, neck and back pain
- ✚ JOINT STIFFNESS BROKE
- ✚ OBSTRUCTION INDUCED BRAIN VASCULAR PARALYSIS IN BRAIN HEMORRHAGE or (STROKE)
- ✚ JOINT DISEASES
Hip, knee, foot and ankle pain, Shoulder, elbow, hand and wrist pain, Arthrosis (Calc)
- ✚ CEREBRAL PALSY (SPASTIC CHILDREN)
- ✚ SPINAL CORD INJURY DUE TO PARALYSIS
- ✚ SOFT TISSUE RHEUMATISM
Fibromyalgia Syndrome, Trigger finger, Tennis elbow, Carpal Tunnel Syndrome and etc.
- ✚ OSTEOPOROSIS (BONE RESORPTION)
- ✚ HIP, KNEE AND SHOULDER PROSTHETIC SURGERY, ARTHROSCOPIC INTERVENTIONS SUCH AS FOLLOWING ORTHOPEDIC SURGERY

Internal Diseases

- ✚ HYPERTENSION (HIGH BLOOD PRESSURE)
- ✚ DIABETES
- ✚ ASTHMA – ALLERGY
- ✚ STOMACH - BOWEL DISEASES
- ✚ ENDOCRINE DISORDERS
- ✚ HEMATOLOGIC DISEASES
- ✚ INFECTIOUS DISEASES
- ✚ METABOLICAL DISEASES AND OBESITY

Orthopedics

- ✚ KNEE DISEASES
- ✚ FOOT AND ANKLE DISEASES
- ✚ SPINE DISEASES
- ✚ SHOULDER DISEASES
- ✚ HIP DISEASE
- ✚ HAND, WRIST AND ELBOW DISEASES
- ✚ PEDIATRIC ORTHOPEDICS

Radiological

- ✚ ULTRASONOGRAPHY
- ✚ DOPPLER US
- ✚ BONE MEASUREMENT
- ✚ X-RAY
- ✚ MR
- ✚ IT
- ✚ EMG

Nutrition and Dietetics

- ✚ Individual WEIGHT LOSS PROGRAM
- ✚ Individual WEIGHT GAIN PROGRAM
- ✚ DIABETES NUTRITION PROGRAM
- ✚ NUTRITION THERAPY FOR CARDIOVASCULAR DISEASE
- ✚ NUTRITION THERAPY FOR LIVER DISEASES
- ✚ NUTRITION THERAPY FOR KIDNEY DISEASES
- ✚ NUTRITION THERAPY FOR DIGESTIVE SYSTEM DISEASES

- ✚ SPECIAL NUTRITION FOR WOMEN
- ✚ Nutrition in pregnancy and lactation
- ✚ NUTRITION For MENOPAUSE
- ✚ NUTRITION for Polycystic ovary syndrome
- ✚ Pre-Menstrual Period NUTRITION
- ✚ CHILDHOOD-Adolescent Nutrition
- ✚ Athlete NUTRITION

Check-up

- ✚ STANDARD CHECK-UP
- ✚ Affordable CHECK-UP
- ✚ CHECK-UP for MEN UNDER 40
- ✚ CHECK-UP MEN OVER 40
- ✚ CHECK-UP WOMEN UNDER 40
- ✚ CHECK-UP for WOMEN OVER 40
- ✚ CARDIOLOGICAL CHECK-UP
- ✚ SMOKING CHECK-UP
- ✚ EXECUTIVE CHECK-UP for MEN
- ✚ EXECUTIVE CHECK-UP for WOMEN